



Monday's

5:30am – 11:00am

5:30pm – 9:00pm

Tuesday's

5:30am – 11:00am

NO Evening Open Gym

Wednesday's

5:30am – 11:00am

6:45pm – 8:00pm

Thursday's

5:30am – 11:00am

6:00pm – 9:00pm

Friday's

5:30am – 11:00am

6:00pm – 9:00pm (Except when there's a Dance)

Saturday's

2:30pm – 5:45pm

*Starting November 10th the Gym will be used prior to 2:30 for our Youth Basketball League. There will be times the League will not meet or will be out of the building, in which case the gym will be available 7:30am – 5:45pm

Sunday's

10:00am – 5:00pm *

*When there is a birthday party only half the gym will be available.

Gymnasium Guidelines

- Use of the gym is for members and visitors who have purchased a day pass.
- Food and drinks are strictly prohibited in the Gym.
- Use of vulgar language is prohibited while in the YMCA.
- From time to time the YMCA may have to restrict open gym times to half the gym to accommodate another special program or event.
- During busy times the Gym will be split into two sides to afford more players time on the courts.
- We expect all members and guests to respect the facility. This is YOUR YMCA.
- Violation of YMCA rules or staff expectations/guidelines will result in being escorted off the property and could result in police notification.
- Continued violation of YMCA rules or staff expectations/guidelines could result in a person(s) being banned from the YMCA property.



The YMCA reserves the right to change this schedule without notice.